





Cooking in a team is healthy, creative and strengthens not only the employees but also the team spirit. In the Schindelbruch Creative Kitchen, our chef will give you an insight into the art of cooking and show you tricks that will inspire you. Includes a 3-course menu and corresponding wines. To take away for everyone: Schindelbruch Chef's Apron and a Recipe Folder.

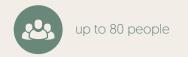








Enjoy our varied BBQ buffet. In our hotel park on the terrace of the Holzeule restaurant, you can round off the evening with freshly grilled delicacies in a pleasant atmosphere. Enjoy the relaxed, peaceful surroundings of the hotel in the Southern Harz.







from € 54 p.p. for meals drinks not included



The short break after the conference - Conference gymnastics or stretch & relax.

The long break after the conference - Progressive muscle relaxation, a 'vitality' strengthening course, yoga (also outdoors depending on the weather), Pilates or a mindful body journey.









Workout on the hotel's own beach volleyball courts. A perfect place for fun and exercise as a team. The courts are right on our hotel grounds - so you can head straight out into the fresh air after your event.









On the balls, get set, go! You can play exciting matches on our hotel's own tennis courts. You can get everything you need at our reception.









Forest bathing, also known as 'Shirin Yoku', is a practice in which you consciously spend time in nature to relax your body and mind. This meditative experience in the forest promotes mindfulness, reduces stress and strengthens general well-being. It's especially fun as a team!









Torchlight Hiking (depending on weather conditions and risk of forest fires)
Hike with our Forester, equipped with torches through the forest around the Naturresort & Spa
Schindelbruch. Back at the hotel, a good sip of hot mulled wine awaits you at a warming fire bowl.

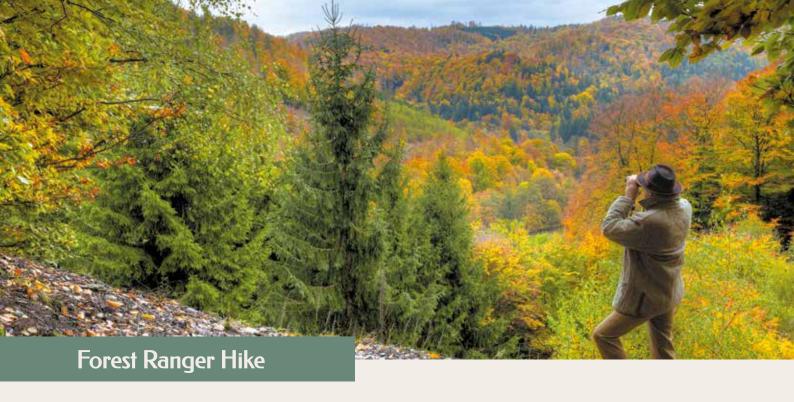




Bookable in the winter months Duration: 2 hours



150 € flat-rate up to 15 people each additional person 7 €



Hike with our Forester through the local forests near the Naturresort & Spa Schindelbruch. The exact route can be arranged. There are several options. Our Forester knows lots of interesting facts about the flora and fauna of our region.









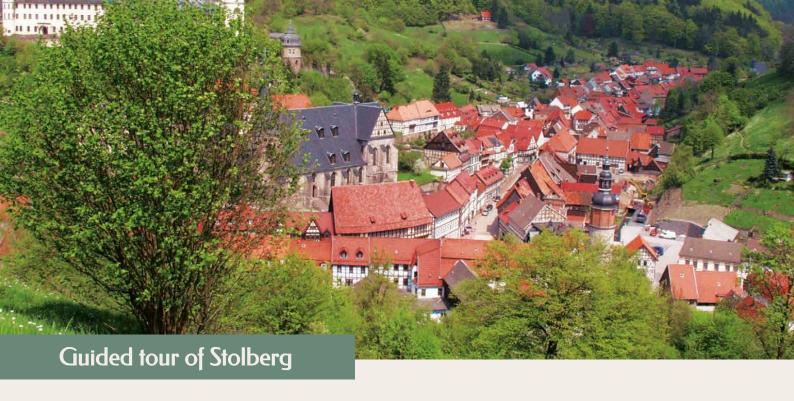
Fun and games from a forestry perspective - by quickly grasping and implementing forestry knowledge and skills. Live out your sporting ambition, test your reactions, prove your skills - whether it's sawing wood, stacking stones, leaf-fishing or even labelling trees, you can collect points. Our Forester supports and explains the individual modules and awards prizes to the best group at the award ceremony.











Get to know the historic European town of Stolberg on a guided tour. Cosy and with half-timbered buildings that are really worth seeing. Over 900 years of the town's history provide interesting details for history buffs to discover. Can also be booked with a City Guide in costume!









The Counts and Princes of Stolberg once resided here - today you can visit it. Construction and restoration work is currently underway. The castle is still open for guided tours, even in the evening.



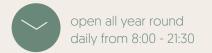






120 metres above the abyss of the Rappbode Dam-pure adrenaline! The largest double rope slide in Europe awaits you here in the Harz Mountains. As a group, this is an incredible experience that requires a head for heights and will certainly be remembered. At the same time, you can experience the world's longest suspension bridge of its kind. Tip: Visit the illuminated suspension bridge at dusk / in the dark!





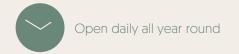


Group prices from 20 people Suspension Bridge 5 € p.p. Megazipline on request



Paradise lies in the Southern Harz! The mountain and rose town of Sangerhausen in the Southern Harz Mountains harbours a tremendous treasure: the Europa-Rosarium. The largest collection of roses in the world! A dream of scents and colours, millions of rose blossoms can be admired. 8,700 rose species and varieties in around 80,000 rose bushes - what an incredible variety!







High season: 14,50 € / person Low season: 6,00 € / person Group prices from 20 people

# Excursion tips in the region within a radius of 1 hour.

Barbarossa Cave in Mühlen
Heimkehle Show Cave
Rabensteiner Stollen Netzkater
Cathedral treasure in the Collegiate Church of St. Sevatius [UNESCO World Heritage Site]
Devil's Wall near Blankenburg
Blankenburg Castle
etc.

#### Haven't found anything suitable?

Our partner agencies in the region will be happy to provide you with a customised offer.

We will put you in touch completely free of charge.



# Route





#### Naturresort & Spa Schindelbruch \*\*\*\*\*

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### **CONTACT & ENQUIRY**

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